

National Resources

Dial **911** for emergencies, ask for a Crisis Intervention Team (CIT) officer if available

Crisis Text Line: **Text HOME to 741741** <https://www.crisistextline.org/>

National Hopeline Network, Suicide & Crisis Hotline **1-800-442-HOPE (4673)**

National Suicide Prevention Lifeline: **1-800-273-8255**

National Alliance on Mental Health (NAMI): **1-800-950-6264**

National Resource Directory (Veterans) <https://nrd.gov/>

Veterans Crisis Line 1-800-273-8255, <https://www.veteranscrisisline.net/get-help/chat>

United Way of Metro Atlanta: Dial **211** <http://211online.unitedwayatlanta.org/>

Food Pantries: <https://www.foodpantries.org/>

The American Foundation for Suicide Prevention **1-888-333-2377** <https://afsp.org/>

The National Domestic Violence Hotline **1-800-799-7233** <https://www.thehotline.org/help/>

SAMHSA Treatment Locator **1-800-662-4357** <https://findtreatment.samhsa.gov/>

Anxiety and Depression Association of America (ADAA) **240-485-1001** <https://adaa.org/>

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD) **1-800-233-4050** <https://chadd.org/>

Depression and Bipolar Support Alliance (DBSA) **1-800-826-3632** <https://www.dbsalliance.org/>

International OCD Foundation **617-973-5801** <https://iocdf.org/>

Schizophrenia and Related Disorders Alliance of America (SARDAA) **240-423-9432** <https://sardaa.org/>

Sidran Institute **410-825-8888** <https://www.sidran.org/>

National Center for Victims of Crime <https://victimsofcrime.org/>

Georgia Resources

Georgia Crisis & Access Line: **1-800-715-4225** <https://www.georgiacollaborative.com/providers/georgia-crisis-and-access-line-gcal/>

Mental Health America of Georgia <https://www.mhageorgia.org/getting-help/>

Homeless Shelter Directory <https://www.homelesshelterdirectory.org/georgia.html>

The Georgia Coalition Against Domestic Violence hotline **1-800-334-2836** Find a domestic violence shelter in Georgia <https://gcadv.org/domestic-violence-centers/>

Georgia Peer Support and Wellness Centers offer respite rooms where a person may stay for up to 7 days instead of going into a psychiatric hospital; plus, a 24/7 warmline, daily wellness activities, and other supports. Decatur: **404-371-1414**, Bartow County: **770-276-2019**

Center for Pan-Asian Community Services (Domestic Violence program, Senior Services and other culturally specific services): **770-936-0969**

Raksha (serves the South Asian Community): **404-842-0725** or **1-866-725-7423**

Caminar Latino (Intimate Partner Violence services for the Latino Community): **404-413-6348**

Georgia Crime Victims Compensation Program <http://crimevictimscomp.ga.gov/>

Department of Behavioral Health and Developmental Disabilities (DBHDD): **1-888-454-5826**

DBHDD Deaf Services: **404-232-1624**

Georgia Center for the Deaf and Hard of Hearing: **404-292-5312**

Cobb County VINE System (a service through which victims of crime can use the telephone or internet to search for information regarding the custody status of their offender and to register to receive telephone, e-mail, and text notification when the offender's custody status changes).

1-800-785-8463 <https://www.cobbsheriff.org/victim-notification/>

Hospital Emergency Rooms

Cartersville

Cartersville Medical Center- 960 Joe Frank Harris Pkwy SE, Cartersville, GA 30120
770-382-1530

Douglasville

WellStar Douglas Hospital- 8954 Hospital Dr, Douglasville, GA 30134
770-644-1000

Marietta

WellStar Kennestone Hospital- 677 Church St, Marietta, GA 30060
770-793-5000

Paulding

WellStar Paulding Hospital- 2518 Jimmy Lee Smith Pkwy, Hiram, GA 30141
470-644-7000

Rome

Floyd Medical Center- 304 Turner McCall Blvd, Rome, GA 30165
706-509-5000

Redmond Regional Medical Center- 501 Redmond Rd, Rome, GA 30165
706-368-8452

Treatment for Eating Disorders

Renfrew Atlanta Eating Disorder Treatment Center: 50 Glenlake Parkway, Suite 120, Atlanta, GA 30328 **1-800-RENFREW (736-3739)** <https://renfrewcenter.com/locations/non-residential/atlanta-ga>

Psychotherapy Services of Atlanta 333 Sandy Springs Circle Suite 103, Atlanta, GA 30328, **404-330-4336**
info@psychotherapyofatlanta.com , <https://www.psychotherapyofatlanta.com/>

Atlanta Center for Wellness 6100 Lake Forrest Drive, Suite 450, Atlanta, GA 30328, Century Springs East, **404-343-4162** <https://atlantacenterforwellness.com/>

Center for Discovery Eating Disorder Treatment 1364 Manget Way, Atlanta, Georgia 30338, **855-200-6435** Info@centerfordiscovery.com, <https://centerfordiscovery.com/locations/dunwoody/>

Veritas Collaborative 6600 Peachtree Dunwoody Rd Building 400, Suite 150, Sandy Springs, GA 30328
<https://veritascollaborative.com/treatment-programs-and-recovery/adult-program/>

Julie Brake 3855 Shallowford Road, Suite 420, Marietta, GA 30062, **404-326-5118**
julie@positivenutrition.net , <https://www.positivenutrition.net/>

Kelley Goodwin 700 Old Roswell Lakes Pkwy, Suite 300, Roswell, GA 30076-1612, **404-800-9683**
<https://www.mendarttherapy.com/>

Terri Levinsohn 6425 Bridgewood Valley Road, Atlanta, GA 30328, Phone: **770-827-8352** terri.levinsohn@gmail.com

Page Love 1117 Perimeter Center West, Suite W507, Atlanta, GA 30338, Phone: **770-395-7331** info@nutrifitga.com

Dr. Amy Smith Barnes 1708 Peachtree St. Suite 530, Atlanta, GA 30309, Phone: **404-983-1337**
Email: drasb@midtownpsychotherapy.org, <http://www.amysmithbarnes.com/>

Other Community Mental Health Support Services

Cartersville

- Willowbrooke At Tanner/Cartersville **770-812-3610**
- Highland Rivers **770-387-3538**
- Psychological Resource and Wellness Center **770-387-1151**
- Georgia Mental Health Consumer **770-276-2019**
- Cartersville Medical Center **770-382-1530**

Douglasville

- Sheltered Cove Counseling Center **770-949-1595**
- West Georgia Psychological Services **678-977-8300**
- New Vision Counseling Center **678-838-8333**
- Recovery Unlimited Services **678-324-0476**
- Douglasville Psychological Outpatient Services **678-838-9336**
- WellStar Douglas Hospital **770-949-1500**

Floyd/Heritage Hall

- Willowbrooke at Floyd **706-509-3500**
- Highland Rivers Floyd **706-233-9023**
- Oasis Counseling Services **706-936-1136**
- Battlefield Ministries **706-235-9350**
- Balanced Living Counseling Center **706-509-0130**
- Floyd Medical Center **706-509-5000**

Paulding

- WellStar Medical Group Anderson Mill Health & Rehab **770-443-4757**
- Highland Rivers **678-567-0920**
- The Wesley Center for Behavioral Wellness **678-653-0448**
- Creative Practices in Therapy **678-524-4448**
- Nurturing Wholeness **770-505-8279**
- WellStar Paulding Hospital **470-644-7000**

Marietta

- Espyr **770-951-9970**
- The Anxiety & Stress Management Institute **770-953-0080**
- Medlin Treatment Center **770-919-9088**
- Healing Steps Behavioral Health **678-487-9620**
- Lifeway Counseling **770-250-5477**
- Northwest Behavioral Medicine **770-422-2009**
- Warnecke Professional Counseling **678-784-4293**
- WellStar Kennestone Hospital **770-793-5000**

Sexual Misconduct Resources

Rape, Abuse, & Incest National Network (RAINN) <https://www.rainn.org/>

Georgia Network to End Sexual Assault (GNESA) **404-815-5261**

National Sexual Assault Hotline: **1-800-656-HOPE (4673)**

SafeHelpline (For armed forces) **1-877-995-5247**

SafePath Children's Advocacy Center: **770-801-3465**

Children's Healthcare of Atlanta: **404-785-3820**

1 in 6 (support for male survivors) <https://1in6.org/>

As One Project for Secondary Survivors <https://asoneproject.org/>

Cartersville & Rome

The Sexual Assault Center of Northwest Georgia- Rome, GA 30162

County: Floyd, Polk, Gordon, Chatooga, Bartow

Business: 706-292-9024; Tty: 800-855-2880; Hotline: 866-655-8625

Website: <http://www.sacnwgga.org/>

Marietta, Paulding, Douglasville

liveSAFE Resources -Marietta, GA 30064

County: Cobb, Paulding, Cherokee

770-423-3580; Hotline: 770-427-3390

Website: <https://www.livesafereresources.org/>

Mosaic Georgia- Duluth, GA 30096

County: Gwinnett, Rockdale

Business: 770-497-9122; Hotline: 866-900-6019

Website: <https://www.mosaicgeorgia.org/>

Day League- Decatur, GA 30030

County: Dekalb

Business: 404-377-1429; Hotline: 404-377-1428

Website: <http://www.dayleague.org/>

Grady Rape Crisis Center- Atlanta, GA 30303
County: Fulton, DeKalb
Business: 404-616-4861; Hotline: 404-616-4861
Website: <https://www.gradyhealth.org/>

Douglas County Task Force- Douglasville, GA 30133
Business: 678-715-1196
Hotline: 678-715-1196
Website: <http://www.douglastaskforce.com/>

Prevention & Advocacy Resource Center- Carrollton, GA 30112
County: Carroll, Coweta, Heard, Haralson
Business: 770-834-8905; Hotline: 770-834-7273
Website: <https://www.wgaparc.org/>

Southern Crescent Sexual Assault and Child Advocacy Center- Jonesboro, GA 30237
County: Clayton
Business: 770-507-7772
Hotline: 770-477-2177
Website: <https://www.scsac.org/>

Intimate Partner Violence Resources

Domestic Violence Hotline of Georgia: **1-800-33 HAVEN (42836)**
National Domestic Violence Hotline: **1-800-799-SAFE (7233)** or **1-800-787-3224**
National Network to End Domestic Violence (NNEDV): **202-543-5566**
Fulton County 24-hour Crisis Line (PADV): **404-873-1766**
Gwinnett County 24-hour Crisis Line (PADV): **770-963-9799**
Legal Advocacy Office Cobb County: **770-528-8024**
Stalking Resource Center: **202-467-8700**

Elder & Adult Dependent Abuse

Adult Protective Services/Division of Aging Services: **1-866-552-4464**
Cobb Senior Services: **770-528-5355**
National Fraud Information Center: **1-800-876-7060**
Social Security Fraud: **1-800-269-0271**
Medicaid Fraud Control Unit: **404-656-5400**
Healthcare Facility Regulation: **1-800-878-6442**

Campus Police/Safety

In case of emergency, dial 911
706-295-6347 (This number is available 24 hours a day)
campussafety@highlands.edu

KSU Police Numbers for Marietta Students:
Emergency **470-578-6666**
Non-Emergency **470-578-6206**

Resources for the Unsheltered & Food Insecure

Aunt Bertha – The Social Care Network <https://www.auntbertha.com/>

Homeless Shelter Directory - <https://www.homelessshelterdirectory.org/georgia.html>

Life Foundation - <https://lfstudenthelp.org/>

GA Alliance to End Homelessness - 1-877-540-4671 www.gahomeless.org.

M-F, 9:00 am – 6:00 pm Persons who lack internet access are invited to call the homeless info hotline at 1-877-540-4671 and speak with one of our information service specialists.

Georgia Housing Search - <http://georgiahousingsearch.org/>

Provides detailed information about rental properties and helps people find housing to best fit their needs. The service can be accessed at no cost online 24 hours a day or through a toll-free, bilingual call center at 1-877-428-8844, available M-F, 9:00 am - 8:00 pm.

GoSection8 - <https://www.gosection8.com/>

Rental-listing service for the Section 8 housing market. They service families, landlords and public-housing agencies across the United States. Hundreds of thousands of tenants and landlords nationwide benefit from our programs.

Cartersville

Tallatoona Community Action Partnership <http://www.tallatoonacap.org> **770-382-4222**

140 Douglas St Ste. 108, Cartersville, GA – 30120

Provides a food pantry. Serves Bartow. Documentation Required: Application form, proof of income, social security card.

Hours: Mondays-Fridays 8 am-5 pm

Metro Community Assistance **678-719-1093**

611 Grassdale Rd. Suite D, Cartersville, GA – 30121

Provides a food pantry. Serves Butts, Cherokee, Clayton, Cobb, Coweta, DeKalb, Douglas, Fayette, Fulton, Gwinnett, Henry, Paulding, Rockdale. Documentation Required: Picture ID/driver license

Hours: Mondays-Fridays 10:00 am-3:00 pm

Faith Temple Church of God in Christ <http://www.faithtemplecogicga.org> **678-708-6206**

29 Redcomb Drive, Cartersville, GA – 30120

Food Pantry by appointment. Appointment Hours: 10:00am-12:00pm Wednesday 12:00pm-2:00pm

Red Door Food Pantry – Episcopal Church of the Ascencio <http://www.ascensioncartersville.org>

205 W Cherokee Ave, Cartersville, GA – 30120

Hours: Tuesday 5:30pm-7:30pm, Wednesday 9:00am-11:00am **770-382-2626**

Good Neighbor Homeless Shelter <http://www.goodneighborshelter.org> **770-607-0610**

110 W Porter St, Cartersville, GA 30120 Hours Monday-Friday 8:00am-5:00pm

Floyd/ Heritage Hall

Bagwell Pantry – Action Ministries in Rome <https://actionministries.net/help/>

207 East 19th Street, Rome, GA – 30161, **706-291-7731**

Hours Monday, Tuesday, Thursday, and Friday 10:00am-11:30am Clients must obtain a referral from Good Neighbors Ministries located at 208 East 2nd Street, Rome, Georgia

Rome-Floyd County Community Kitchen <http://www.romefloydcommunitykitchen.org/>

4 Calhoun Avenue, Rome, Georgia 30161, **706-346-5708**

We supply a daily nutritious meal for the unemployed, working poor, elderly, mentally- and/or physically challenged, and the homeless in Rome and Floyd County.

Hours Monday–Friday 8:30am-12:00pm, Lunch is served from 10:45am-12:00pm

Hospitality House for Women <https://www.hospitalityhouseforwomen.org/>

Emergency shelter, food and clothing- Our 27-bed facility can house women and children seeking a safe place, for up to 90 days. Our shelter is in a confidential location in Floyd County.

24-hour Crisis Intervention- Crisis Line **706-235-4673(HOPE)**

Mercy Housing Inc. <https://www.mercyhousing.org/>

1 Etowah Terrace, Rome, GA 30161, **706-291-6990**

Nonprofit affordable housing provider

Marietta

Greater Community Mission Center <https://agapespace.com/directory/greater-community-mission-center/> 406 Roswell St., Marietta, GA – 30060, **770-425-4583**

Provides a food pantry. Serves Cobb. Documentation Required: Picture ID/driver license, proof of income, name and age of household members, Hours: 2nd and 3rd Saturday of the month 10:00am-1:00pm

Center for Family Resources – Mansour Center <https://thecfr.org/>

995 Roswell St., NE Ste 100, Marietta, GA – 30060, **770-428-2601**

Provides a food pantry. Serves Cobb. Documentation Required: Picture ID/driver license, social security card or birth certificate for each household member, proof of legal status, proof of income, eviction notice, utility cut-off notice.

Hours: Monday 8:30am-8:00pm, Tuesday and Thursday 8:30am-6:00pm, Wednesday and Friday 8:30am-5:00pm.

The Elizabeth Inn Shelter <https://www.mustministries.org/>

55 Elizabeth Church Road, Marietta, GA, 30060, **678-218-4531**

Provides a safe sanctuary of rest for those who find themselves in distress. Open to men, women, families and children, the 72-bed Elizabeth Inn provides three meals a day and extensive support services including case management, education and employment, computer lab, recovery meeting, referrals and assessments. You must have a photo ID for entry. Intake hours are daily 11:00am-2:00pm

Sheltering Grace Ministry <https://shelteringgrace.org/>

797 Roswell St NE, Marietta, GA 30060, **678-337-7858**

Sheltering Grace is unique in that we are the only program in Cobb County with the primary focus of serving pregnant homeless women. Serving the metropolitan Atlanta area, our two modest homes in Marietta provide housing for up to six women and each woman's newborn child. The typical participant is age 21-45, homeless, unemployed, no income, no transportation, and no support system. Hours Monday-Friday 9:00am-5:00pm.

Marietta Homeless Authority <https://www.mariettahomelessauthority.com/>

1712 Oak St SE, Marietta, GA 30060, **770-871-9910**

Douglasville

11th hour food bank <https://eleventhhourfeedth.wixsite.com/foodbank>

2818 Fairburn Rd. Suite B Douglasville, GA 30135, **770-485-4574**

Email: Eleventhhourfeedthehungry@gmail.com

Open: Mon-Fri 10:00 am - 5:00 pm, Sat 10:00 am - 2:00 pm

Concerted Services – Coffee County Service Center <https://myactionpact.org/>

1115 W. Baker Hwy., Douglas, GA – 31533, **912-285-6083**

Provides a food pantry. Serves Appling, Atkinson, Bacon, Bleckley, Brantley, Bullock, Candler, Charlton, Clinch, Coffee, Dodge, Effingham, Emmanuel, Evans, Jeff Davis, Johnson, Lourens, Long, Montgomery, Tattall, Telfair, Toombs, Treutlen, Ware, Wayne, Wheeler, Wilcox

Hours: Mondays through Fridays 8:00am-4:30pm

The Pantry – A Community Food Ministry <https://thepantrydc.com/>

9633 GA-5, Douglasville, GA 30135, **770-217-0729**

Provides free canned goods and other food items to local families in need

Hours: Saturdays 9:00am-11:30am

Warehouse of Hope <http://warehouseofhope.squarespace.com/>

100 Hunter Rd, Douglasville, GA 30134, **770-489-0509**

To receive assistance, you must attend our First Time Guest Orientation. Orientations will be Mondays at 10am, Tuesdays at 10am or 6:00pm, Wednesdays at 10am, & Thursdays at 10am. You must arrive 5 minutes before it begins, bring your picture ID, proof of income (check stub, food stamp letter, child support etc.), and if you have children who need diapers bring a copy of their birth certificate. Please expect to be here at least an hour. After you attend orientation you will become a member & get assistance same day. You will then be able to come back weekly. Our Hours are Tuesday 9:00am-2:00pm then reopen 4:00pm-7:30pm, Wednesday 9:00am-2:00pm, & Thursday 9:00am-2:00pm

Good Samaritan Center <http://goodsamaritancenter-douglasville.com/>

8366 Grady St, Douglasville, GA 30134, **770-949-7335**

Good Samaritan Center is an emergency assistance ministry offering services to low income / food insecure residents of Douglas County. Clients may receive food every 2 weeks for as long as they have a need. With a photo ID, clients can meet with a volunteer interviewer to get help today.

Hours Monday-Thursday 9:00am-12:30pm, and Friday 9:00am-11:30am

Douglas County Homeless Shelter **770-949-4911**

2574, 1755 Sandy Ln, Douglasville, GA 30134

Hours Monday-Friday 9:00am-2:00pm

Share House <http://www.sharehousedouglas.org/>

8460 Courthouse Sq E # 4, Douglasville, GA 30134, **770-489-7513, 770-949-0626**

Share House Douglas is a non-profit organization providing crisis intervention and the continuum of care to address the causes and effects of family violence.

Youth Connections - Kings Manor Shelter

4625 Ben Hill Rd Atlanta, GA 30349, **404-559-9297**

Paulding

Helping Hands of Paulding County <http://hhpcga.org/>

228 West Spring Street Dallas, GA 30132, **770-443-1230**

Food Pantry provides food for qualifying families or individuals up to twelve (12) times per calendar year (minimum of 30 days between visits and only once per month). In addition, we provide perishable food items such as bread, pastries and produce, as we have available (minimum of 7 days between visits for perishable foods) Hours Tuesday-Friday 9:00am-2:00pm

Lighthouse Food Pantry Ministry <https://www.foodpantries.org/li/lighthouse-food-pantry-dallas-ga>

294 WI Pkwy, Dallas, GA 30132, **678-363-7470**

Food is always free. We serve every county. We only need current proof of address, and photo ID for all 18 and older in home/on property. You can come all three days for food. No limits. We also have drive through or mobile food give-aways each month, when we have these the inside pantry will close. Hours Monday and Thursday 10:00am-12:00pm, Friday 6:30pm-8:00pm

Battered Women's Crisis Line **770-443-5213**

The Storehouse Rockmart <https://www.foodpantries.org/li/the-storehouse-rockmart>

510 North Piedmont Ave, Rockmart, GA - 30153, **770-684-4070**

Resources for Internet Access

National Chains with Free Wi-Fi

1. Starbucks
2. McDonald's
3. Panera Bread
4. Dunkin' Donuts
5. Buffalo Wild Wings
6. Apple Store
7. Marriott Hotels
8. Whole Foods
9. Staples and Office Depot
10. Target
11. Barnes & Noble
12. Best Buy

Other Free Wi-Fi Options

1. Public Library
2. Airports
3. Gyms and Yoga Studios
4. Trains and Buses
5. Public Parks
6. Hospitals
7. Museums

Free Wi-Fi Hotspots

1. AT&T - Look for the 'attwifi' SSID from your laptop or mobile device.
2. Xfinity (Comcast) - As of March 16th, 2020 Xfinity WiFi is temporarily available to everyone. Look for the 'xfinitywifi' SSID from your laptop or mobile device. <http://xfinity.com/wifi/#find-a-hotspot>
3. Optimum - Look for the 'optimumwifi-Emergency' SSID from your laptop or mobile device.
4. Viasat - Viasat Wi-Fi may be available at US Navy bases, in state parks, and at select campgrounds.
5. Spectrum - Look for the 'Spectrum WiFi' SSID from your laptop or mobile device. <https://www.spectrum.com/wifi-hotspots>

6. Suddenlink - Look for the 'Suddenlink-Wifi' SSID from your laptop or mobile device.

Low-Income Internet Options

1. AT&T's Access program - <https://m.att.com/shopmobile/internet/access/> 2 Free Months then \$5/mo or \$10/mo thereafter, depending on your speed.
2. Internet Essentials by Comcast- <https://www.internetessentials.com/> 2 Free Months then \$9.95/month plus tax
3. Spectrum Internet Assist program <https://www.spectrum.com/browse/content/spectrum-internet-assist> 2 Free Months then \$14.99/month plus tax
4. Windstream Lifeline Assistance program - <https://www.windstream.com/about/windstream-information/lifeline-assistance-program#/> Discounts for low-income Windstream customers.