

GEORGIA HIGHLANDS COLLEGE
 PSYCHOLOGY 2103
 FIELD EXPERIENCE PROJECT GRADING RUBRIC
 INSTRUCTOR: ~~XXXXXXXXXX~~

STUDENT: ~~XXXXXXXXXX~~ SCORE: 100

The Aging Couple

CATEGORIES	POOR 5	FAIR 10	GOOD 15	EXCELLENT 20
Title page completed using APA style and correct information as requested				X
Assignment completed as directed				X
Project questions completed fully				X
Summary of paper is correct format and substance				X
Assignment completed on time				X

COMMENTS: *Good thorough completion of this assignment*

A Field Study On:

The Aging Couple

[REDACTED]

Georgia Highlands College

The Questions:

How old were the members of the couple?

Female- 70, Male- 75

How long have they known each other?

45 years

If they are married, how long have they been married?

40 years

How did you meet your partner?

Female: We met at a bar on the beach in Florida, I was sitting alone until he joined me.

Male: we met at a bar.

How long have you known each other? 45 years.

Tell me about your relationship.

Female: We have been going strong all of these years, and we have a give each other space kind of relationship. We love each other but tend to do our own thing and that is how it has always been.

Male: I think we have a good relationship. We never do you anything out of the ordinary but enjoy each other's company.

How long have you been married? 40 years

What do you like best about your partner?

Female- laid back

Male- Her humbleness, her wonderful heart

What do you like best about your relationship?

Female- him working all the time.

Male- me being gone, we love each other but we like our personal space.

What do you like least about your relationship?

Female- his sloppiness

Male- her constant nagging at me to clean.

How has your relationship changed over the years?

Female- kids, grandchildren

Male- we have gotten old, had fights, kids, you know the regular marriage stuff.

How do you anticipate your relationship changing in the future?

Female- just continuing to grow old and being content.

Male- I can only see myself with her till the day I die.

--These questions were answered separately.

When interviewed together, the female made a more concerted effort to elaborate more on her answers while the male was straight forward and provided the same answers as before. The female still gave her exact same answers but put more emphasis on her responses to I guess impress her husband. But as I observed them he didn't seem to care how she answered, but then again from a female perspective this kind of thing seems to matter more to us.

When interviewed separately, were there any questions that they responded to differently? Yes, as far as remembering where they first met in vivid detail, and what they like and don't like about each other.

Do you believe they are happy with each other? Why or why not?
I do think their happy based on the responses they each gave.

If they are happy, to what would you attribute their relationship success?
I think they have had a successful marriage because of their willingness to not give no matter how many arguments plus they said it was how they were raised.

How do you think their responses would differ from a couple in their twenties, thirties, or forties?

The younger couple would have less experience and more prone to push each other's limits.
Marriage Is a trial and error you have to work at it.

What did you learn about relationships in late adulthood?
That they are the true ideal marriages. They made a commitment and stuck with it. Marriage is hard, but it is one of the most rewarding things getting to transition through life with the one you love.

The Comparison of Results:

Comparing the results of the couple, I would say in this interview I used naturalistic environment. It was a relaxed non-strenuous atmosphere. Behaviorism is largely responsible for establishing psychology as a scientific discipline through its objective methods and especially experimentation. Behavior modification is commonly used in classroom settings. Behaviorism can be altered and controlled by the instigator, for example, an interview being conducted. It can have an effect on how people react or choose to carefully word their answers. When the wife was alone, she gave pretty direct answers, but when paired with her husband, she was almost afraid to say anything. The husband on the other hand, who loved his wife dearly as you could tell, did not waver in his response time, or change his answers in either setting. It wasn't like their marriage was falling apart, but I think it is a common issue between couples having to worry about hurting each other's feelings. Subconsciously, I feel like there is more of a problem for females than there is for males in regard to not intentionally belittling a significant other. We are constantly threatened with insulting our significant others that it prevents true comfortability. Are we really doing ourselves a favor by engaging in this kind of behavior? We modify our behavior according to our situations, which builds an incredulous platform within the marriage. The couple I interviewed had been together for a very long time, but they still had their predicaments. But the difference between them and a younger couple, is that they have fought every step of the way to make their marriage last. You have to put in the time and effort to make something work, and if you make a mistake, it happens so don't dwell on it. The couple even said that they love each other deeply but require alone time. So, even though their answers were not completely in agreement with each other, they still overlapped or complemented each other. It wasn't a loveless marriage from what I observed, and it was quite refreshing to interview this wonderful couple. It was like bringing the two to couple's therapy, which uses cognitive-behavioral therapy, where I act as the mediator. But, overall, every marriage is imperfect. We are humans who have flaws and not everything can go accordingly, so if you are willing to put the effort forward, then a healthy marriage can be obtained, and this couple proved it. We all need our personal space in order to thrive.



FIELD EXPERIENCE TWO

The Aging Couple

An important topic in chapter 16 is the aging couple. The time after retirement can bring many changes to a couple's relationship. Before beginning this project, read the section of your text on the aging couple.

In this research project, you will need to interview both members of an elderly couple. You will want to first interview each person separately and then talk to both together as a couple. **Handout 8** provides some sample questions that you can ask the couple. **You should, however, create your own questions to add to the interview.**

After you have completed the interview, write a report listing your interview questions and summarizing the responses of the couple. In addition, you should address the following questions in your paper.

Questions:

- How old were the members of the couple?

70 - female, 75 - male

- How long have they known each other?

~~45 years~~ 45 years

- If they are married, how long have they been married?

40 years

- When interviewed separately, were there any questions that they responded to differently? *yes, for as remembering where they first met in vivid detail, and what they like and don't like about each other.*

- Do you believe they are happy with each other? Why or why not? *I do think they're happy based on the responses they each gave.*

- If they are happy, to what would you attribute their relationship success?

I think they have had a successful marriage because of their willingness to not give up no matter how many arguments.

- How do you think their responses would differ from a couple in their twenties, thirties, or forties?

The younger couple would have less experience and more prone to push each other buttons. Marriage is a trial and error you have to make it.

- What did you learn about relationships in late adulthood?

That they are the true marriages. They made a commitment and stuck to it. Marriage is hard, but it is one of the most greatest things getting to transition through life with the one you love.

plus they said it was how they were raised.

Handout 8 (RP 3)

Interview Questions for the Aging Couple

These questions are meant to help you get started writing your own interview questions. You may want to look through chapter 16 of your textbook to help you come up with some other relevant questions. Remember to interview each person separately first and then both together as a couple.

Sample interview questions:

- How did you meet your partner? *Female: We met at a bar on the beach in Florida, I was sitting alone until he joined me. Male- we met at a bar.*
- How long have you known each other? *Male and Female- 45 years*

- Tell me about your relationship. Female - its good, great actually if it goes my way
Male - I think its good.
- How long have you been married?
40 years
- What do you like best about your partner?
Female - laid back
Male - Her humbleness, her wonderful heart
- What do you like best about your relationship?
Female - him working all the time
Male - me being gone, we love each other, but we like our personal space
- What do you like least about your relationship?
Female - his slowness
Male - her constant nagging at me to clean.
- How has your relationship changed over the years?
Female - kids, grandchildren
Male - we have gotten ^{old} had fights, kids, ya know the regular
- How do you anticipate your relationship changing in the future?
Female - just growing ^{continues} old and being content. ^{marriage} things
Male - I can only see myself continuing to ~~grow~~ grow old with my last few days until the day I die.

Consent Forms

I (Grant Wilson) or parent of Grant Wilson hereby authorize Margaret Gardner to interview and release said information for educational purposes.

Signature X _____

Signature from parent if child is unable to sign for themselves X  _____

I (Katie Dolson) or parent of Katie Dolson hereby authorize Margaret Gardner to interview and release said information for educational purposes.

Signature X _____

Signature from parent if child is unable to sign for themselves X  _____

I Lola hereby authorize Margaret Gardner to interview and release information collected for educational purposes.

Signature x 

I Rick hereby authorize Margaret Gardner to interview and release information collected for educational purposes.

Signature x 


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Child Gender Comparison Interview

CATEGORIES	POOR 5	FAIR 10	GOOD 15	EXCELLENT 20
Title page completed using APA style and correct information as requested				X
Assignment completed as directed				X
Project questions completed fully				X
Summary of paper is correct format and substance				X
Assignment completed on time				X

COMMENTS: *Very good analysis*

A Field Study On:
Child Gender Comparison Interview

Georgia Highlands College

Questions:

Child one: Age 4, Sex: Male

Can you describe yourself for me? I'm smart, I like the color blue and dinosaurs.

What is your favorite animal and why? Dinosaurs because their big.

What is your favorite activity and why? I like soccer because I like the kick the ball.

What can you do really well? I can play games on my mom's phone really well.

What is your favorite food and why? Spaghetti because it tastes good.

Who is your best friend and why? Matthew is my best friend because he shares his lunch with me.

If you could have anything in the world what would you choose and why? An iPad because I can play games on it.

If you could be anyone in the world who would you choose and why? Superman because he has superpowers and gets to fly around.

What do you want to be when you grow up and why? I want to be an astronaut, so that I can go float around in space.

Can you describe your family for me (mom, dad, siblings)? My mom is a giant and has blonde hair and takes care of me. My dad works a lot, plays soccer with me, is fat and short, and helps me with homework. My sister is seven, loves dolls, and is smart.

Child two: Age 6, Sex Female

Can you describe yourself for me? I love animals, the color green, I have brown hair and green eyes and I am in kindergarten.

What is your favorite animal and why? Cheetah because it can run really fast.

What is your favorite activity and why? I like to color because it keeps me from being bored.

What can you do really well? I can color really well.

What is your favorite food and why? Pizza because it has cheese on it.

Who is your best friend and why? Samantha because we get to spend the night at each other's houses.

If you could have anything in the world what would you choose and why?

An iPhone so I could play games and talk to my friends.

If you could be anyone in the world who would you choose and why?

Gabby Douglas because I want to be a gymnastic person like her.

What do you want to be when you grow up and why?

The president because he gets to have everything he wants like an iPhone. Plus, he is really famous.

Can you describe your family for me (mom, dad, siblings)?

My mom can be lazy but does a lot for me. She is a super smart business lady and takes care of me. My dad works in a big building, reads the newspaper, and gets on to me for playing with his phone. He has blue eyes and black hair and drives me everywhere. My brother tells me to stay out of his room, wears all black clothing, plays loud music, and stays in his room. My mom tells me it is just a phase whatever that means.

Comparison:

Both subjects provided me with great answers considering how young they were. But, you can tell the difference with the more intellectual in-depth answers that the six-year-old provided. There is a two-year age gap, so the six-year old has had more time to absorb more knowledge. The four-year-old was smart, but the six-year old's answers made more sense to me given that she formed most of her own sentences instead of two to three worded responses. I couldn't have been more pleased with both of the interviews even if it was harder to keep the four-year-old focused. As far as the gender gap goes in conjunction with the two children's wildly different answers collected, you can tell there is a difference. On the psychology spectrum according to whether you are female or male, you are influenced by media, parents, and other people you come into contact with as a young child. There is no room to think outside of the box, but instead you are trapped like a caged animal, but younger you did not know that at the time. We are taught what is socially acceptable and not to debate it. But, this age is when a child is not supposed to be judgmental and be curious, and we are only suffocating this motion. Children do as they are told normally, so we are in context controlling their actions without letting them express themselves. As you could see from my two interviews, they both had completely different answers for favorite animal, idols, and hobbies. The female subject's answers were obviously more feminine while the males were more masculine. But, is this part of the problem when they get older? Who actually knows, but in part, it may or may not be a contributing factor. Children use their five major senses in order to get the full physical experience and mimic what they see. No, it is not using classical conditioning, but only perceiving their surroundings. In retrospect, behaviorism is learned through all of this technology today. We as adults reinforce certain behavior through operant conditioning. We are the ones responsible for how our next generation of children turn out, so we need to be good role models. It doesn't mean we have to teach them gender stereotypes, but otherwise, let them be creative by not hovering over their every move. Let them flow, and maybe this gender gap will dissipate. My

interviewers were dissimilar, but their parents had done a good job in child rearing so far. So, even though there was a huge difference, it didn't mean they weren't well behaved children.



Field Experience One (1)

Child Gender Comparison Interview

In this project, you will interview two children between the ages of four and six years old, one male and one female. After asking them the same set of questions, write up a comparison of the two interviews and explain why each child answered the way he or she answered based on what you have learned in this class. You must obtain permission from the child's parent or guardian to conduct this interview (see form on D2L) If you do not know the child you are interviewing, take a few minutes to just talk and introduce yourself to build rapport.

Child One: Age 4 Sex M

Interview questions:

1. Can you describe yourself for me? *I'm smart, I like the color blue and dinosaurs*
2. What is your favorite animal and why? *Dinosaurs because their big*
3. What is your favorite activity and why? *I soccer because I like to kick the ball*
4. What can you do really well? *I can play with my phone really well.*
5. What is your favorite food and why? *Spaghetti because it tastes good*
6. Who is your best friend and why? *Matthew is my best friend because he shares his lunch with me*
7. If you could have anything in the world what would you choose and why?
8. If you could be anyone in the world who would you choose and why? *Superman because*
9. What do you want to be when you grow up and why?
10. Can you describe your family for me (mom, dad, siblings)?

Child Two: Age 6 Sex F *My mom*

My mom is a giant and has blonde hair and takes care of me

I want to be the president because I would be able to see it

My dad works alot, plays soccer with me, is fat, and shoot space and helps me with homework.

My sister is 7, loves dolls and is smart,

Interview questions:

1. Can you describe yourself for me?
2. What is your favorite animal and why? *Chicks because it is really fast.*
3. What is your favorite activity and why? *I can color because it keeps me from being bored.*
4. What can you do really well? *I can color really well.*
5. What is your favorite food and why? *Pizza because it has cheese on it.*
6. Who is your best friend and why? *Samantha because we have sleepovers.*
7. If you could have anything in the world what would you choose and why?
8. If you could be anyone in the world who would you choose and why?
9. What do you want to be when you grow up and why?
10. Can you describe your family for me (mom, dad, siblings)?

*I love animals, the color green,
I have brown hair and green eyes and
I am in kindergarten.*

*Gabby Douglas because I want to
be an symmetrical person
Comparison Summary: like her*

*My mom can be lazy, but
does alot for me. She is super
smart, business lady and takes
care of me.*

*My dad works in a big building,
reads the newspaper, and gets on
time for playing with his phone.
He has blue eyes and black hair and
drives me everywhere.*

*The president
because he
gets to
have everything
he wants like
an iphone*

*An iphone
so I could
play games
and talk
to my
friends*

*My brother tells me
to stay out of his
room, where all his
clothes, play loud music,
and stays in his room.
My mom tells me
it's just a phase whatever
that means.*

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STUDENT: [REDACTED] SCORE: 100

People of Walmart

CATEGORIES	POOR 5	FAIR 10	GOOD 15	EXCELLENT 20
Title page completed using APA style and correct information as requested				✓
Assignment completed as directed				✓
Project questions completed fully				N/A
Summary of paper is correct format and substance				✓
Assignment completed on time				✓

COMMENTS: _____

A Field Study On:
The Diverse People of Walmart

Georgia Highlands College

First Participant: Middle-aged male around 35

Second Participant: Male 45, and family. Wife- about 43, Kids looked around 8 and 11.

As I am sitting in the 411 Walmart on Cartersville High Way hair salon, I start people watching. I do not recommend getting your haircut at Walmart considering who knows what you will end up looking like but desperate times call for desperate measures. So, I decided to use my haircut for my own personal gain by turning it into a little experiment and observing the many hooligans who enter and exit Walmart. It is not just the people coming and going, but in the hair salon as well. My first subject was the actual hair stylist, and by no means am I trying to be judgmental. Now I do know this hair stylist has been there for at least for six months from past trips to Walmart to get groceries. What was so interesting was that when she got done cutting the young gentleman's hair next to me, she had almost left him bald, and the man knew, but he didn't say anything and was about to pay and leave without making a big scene. They ended up asking him to sit back down, and someone else fixed his haircut, but while this is going on, the man didn't make a big deal over a clearly ruined haircut. Most people I know would have caused mass pandemonium and demanded their services be free of no charge. But, this upstanding individual let it slide and walked out content, and as the bystander, I was mutually impressed by his outstanding behavior. This individual probably had a phlegmatic personality contributing to his level headedness.

Secondly, the other incident I remember standing out was one happening right outside of the salon. This middle-aged man and his family were trying to leave Walmart but were abruptly stopped by this elderly woman employee. The family was trying to walk out with one of those discounted flat screens, and all she asked was to be shown their receipt for proof of purchase. The man all of sudden becomes flustered while fumbling around in his pocket for said receipt. After what felt like eternity, he presents this crumbled up piece of paper and literally hurls it at the employee. I mean his behavior seemed suspicious enough to be stopped, but there was no need to be loathsome towards the employee for doing her job. From the way he was acting, I would have easily accused and or stopped him for his receipt. Not that there was anything incriminating to peg him for, but what I would like to know is what compelled him to act in such a horrendous manner? What kind of example is he setting for his children especially with his wife following his lead? The man stormed off in the end dragging his family behind him, but I caught myself still intrigued to watch. I surveyed the next few steps of the employee as she exhaustively put the scanner back up and hung her head in shame. She looked very pensive in the following moments as she tried to make sense of what just happened, collect herself, and possibly reassure her own mind that she was not in the wrong to propel herself through the rest of her shift. What motivated the man to treat the employee in such a disgusting fashion? I think it was from extrinsic forces compared to intrinsic. Maybe he was fuming from other factors earlier in the day or influenced by the drive theory of motivation where his homeostasis was creating psychological needs. But, he mainly from my stance, had a choleric personality leading him to explode.

We all have levels of conscious and unconscious thoughts throughout the day, and we counter these with defense mechanisms. The defense mechanisms range from denial, displacement, projection, rationalization, reaction formation, regression, repression, and sublimation. On another topic, we examine social psychology which looks at how people affect

one another, and it looks at the power of the situation. Social psychologists assert that an individual's thoughts, feelings, and behaviors are very much influenced by social situations. What compels people to do certain things? Just like why did the people I observed in Walmart react totally different? But, other outside factors played a role in how each individual responded, and this can go all the way back to societal influence, and what they were taught passes as normal representational behavior. We are all affected by others when in pre-developmental stages that leads to our temperament later on in life. Behavior is a product of both the situation and of the person. Subfields of psychology tend to focus on one influence or behavior over others. "Situationism is the view that our behavior and actions are determined by our immediate environment and surroundings. In contrast, dispositionism holds that our behavior is determined by internal factors. An internal factor is an attribute of a person and includes personality traits and temperament." Fundamental attribution plays a major role in this experiment as well. Any one of these could be the reason for my two subject's initial reactions, but as a distant viewer, we will never know until more surveys are conducted.

From my perspective, nobody deserves to be treated poorly when they are just trying to do their job, and what I witnessed is a prime example. The man goes about his day unperturbed and frustrated while not revisiting the repercussions of his behavior. The employee does the same thing. But, have you ever stopped to think about how your behavior affects other people? The defining moment of pushing people over the edge. When will humanity realize that how you treat others is highly important for self-esteem. The world is a perfidious and unforgiving place at times, and Walmart is sometimes the easiest place to get a taste of it, unfortunately. There were other people that I could have easily talked about, but these two are the ones that stood out. One person handled the situation with the utmost dignity while the other stooped to malicious intentions. So, next time you go to Walmart, pay attention, and you just might be able to learn a lesson from other people through their frivolous actions.