



Employee Assistance Program

How we can help during a public health emergency
COVID-19 Pandemic

University System of Georgia Benefits



we provide · you decide

Who is Eligible and What are the Costs?

- **Eligibility**

- Full-time employees
- Part-time employees working at least 20 hours a week
- Dependents and household members



- **No Out-of-Pocket Cost**

- Many concerns can be resolved within the scope of EAP services but in the case that additional services are needed, we will work with you to identify the most appropriate community resource

Accessing www.EAPHelplink.com

- **Go to:**
www.EAPhelplink.com
- **Enter Your Company Code:**
USGCares



Enter your Company Code to access EAP HelpLink.

Company Code:

Welcome to KEPRO's Employee Assistance Program and Work-Life website! By logging onto this exciting site you will have access to information and resources to enhance your life and personal well being. For information on personal growth, emotional wellness, parenting, managing change, self assessments, online training modules, and financial calculators, this site is a comprehensive resource for you and your family.

To login, simply enter your Company Code. If you do not know your Company Code, please contact your Employee Assistance Program or your company's Human Resources or Benefits Department.



Accessing the EAP

Call our toll-free telephone number any time of day

844-243-4440

24/7/365 Coverage

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KEPRO Can Support Members During the Pandemic:



Your EAP provides professional, confidential, no-cost help to:

- Serve as a starting point to get to the accurate information
- Provide immediate support related to anxiety, stress and isolation issues
- Encourage counseling for marital relationships, adjustment issues and health concerns
 - Up to four (4) sessions per issue
- Provide suggestions and coaching on working from home
- Provide suggestions and guidance on healthy life style choices



KEPRO Can Support Members During the Pandemic:



Your EAP provides professional, confidential, no-cost help to:

- Refer members to the wealth of information on www.eaphelplink, the website related to COVID-19
- Provide references on USG resources from recent COVID-19 information document distributed
- Provide easy access to trusted experts attorneys, financial advisors, and child and adult/elder care consultants
- Consultations for managers/CHRO and other leadership on how to address employee issues, team issues, remote working situations and general stress related to COVID-19



EAP HelpLink – COVID-19 Resources

- Located on the home page
- Up to date and accurate information

News For You



Coronavirus (COVID-19)

The outbreak of coronavirus disease 2019 (COVID-19), caused by the novel (new) coronavirus, is causing concern for people worldwide.

[READ MORE](#)

EAP HelpLink – COVID-19 Resources

- Up to date information
- Links to new webinars
- Resources for stress
- How to talk to your children about COVID-19
- Adjusting to working from home
- Social isolation issues
- Where to get medical information/help

Coronavirus (COVID-19)

The outbreak of *coronavirus disease 2019 (COVID-19)*, caused by the novel (new) coronavirus strain discovered in China, is causing concern for people worldwide. Residents are encouraged to follow the advice of their local and national governments, public health authorities, and health care providers. The following news outlets and health organization websites are updated regularly:

- *CNN* provides live, daily updates here: <https://edition.cnn.com/specials/asia/coronavirus-outbreak-intl-hnk>
- *Channel News Asia* keeps a running update of the COVID-19 outbreak here: <https://www.channelnewsasia.com/news/topics/coronavirus-covid-19>
- The **U.S. Centers for Disease Control and Prevention (CDC)** has a robust hub monitoring the outbreak: <https://www.cdc.gov/coronavirus/index.html>
- The **World Health Organization (WHO)** has a page on the novel coronavirus here: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

In order to help support you during this time, these customized online seminars have been created to help you identify and acknowledge the emotions you may be experiencing and offer practical suggestions for coping:

- Building Psychological Immunity During the Coronavirus Outbreak
- Keep Calm and Carry On: Maintaining Your Composure Amidst the Pandemic Panic



Help When You Need It - Especially Now



- KEPRO's masters level EAP counselors are available 24 hours a day, 7 days a week via your dedicated toll-free number to provide immediate support
- Routine counseling appointments available in person, by telephone and via video
- Urgent appointments scheduling assistance provided when needed
- Resources for child and adult / eldercare needs provided
- Financial consultation for budgeting, investment strategies and tax help
- After hours legal consultation available for urgent concerns



How you can promote the EAP services:

- Remind members of our 24 hours a day, 7 days a week accessibility telephone number - 844-243-4440
- Reminder of confidential counseling appointments available in person, by telephone and via video
- Encourage KEPRO webinars attendance that will be advertised on USG website

