



**BlueCross BlueShield**  
of Georgia

University System of Georgia Benefits



we provide · you decide

# How can we help you?

You may not need extra help taking care of your health, but if you do, BCBSGa has registered nurses that can help you:

- Make healthier life choices.
- Manage weight.
- Prepare for surgery.
- Quit smoking.
- Take care of chronic or complex conditions.

We'll verify your name, date of birth, member ID number or address before we talk about your health. We'll never ask for your Social Security number.



You can also call us at **1-800-424-8950** or the Member Services number on your ID card and ask to speak with a personal health consultant. Have your ID number ready.

You can confirm your phone number at [bcbsga.com/usg](http://bcbsga.com/usg) so we can reach you.

If you prefer not to get a call from us, just call the Member Services number on your ID card and let us know.

This postcard is being sent to all USG members. It does not mean you've been identified to have a specific need for any of the services listed.





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Blue Cross and Blue Shield of Georgia  
3350 Peachtree Road  
Atlanta, GA 30326

## We call because we care.

As a USG member, you can take advantage of programs to help you take care of your health. You may call us anytime, but we might also call you to find out if we can help.

<First name> <Last name>  
<Address 1>  
<Address 2>