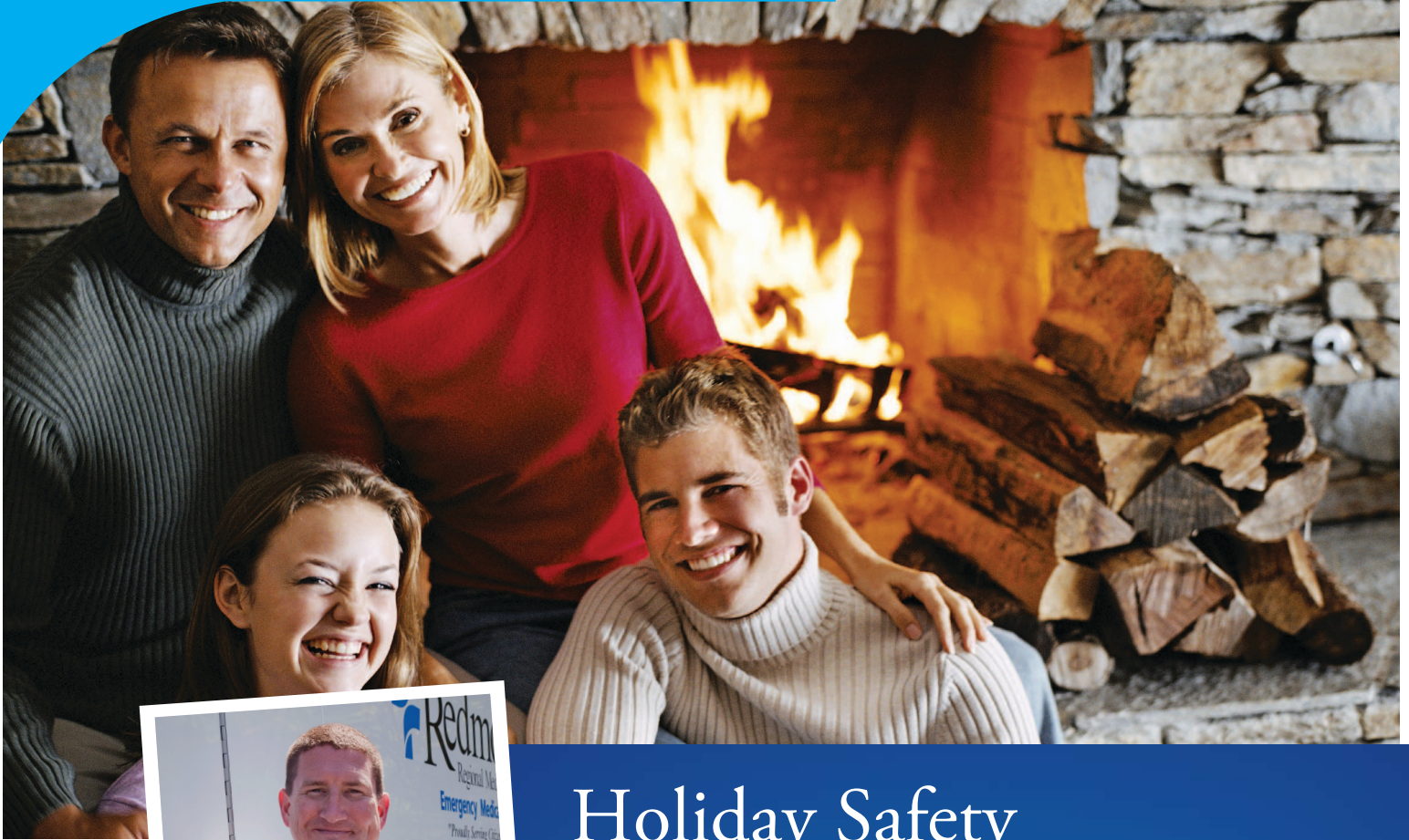


*You're Invited to this Wellness Works Seminar...*



Coordinated by:  
**Robert Early**  
*Redmond EMS Director*

## Holiday Safety

**Don't let safety hazards ruin your holidays!**

The holidays are a time to enjoy with family and friends. Don't let potential seasonal hazards disrupt your holiday plans. Join us as 4 local experts share tips on how to navigate these seasonal hazards and keep your holidays healthy and happy!

- \* Winter Weather Preparedness
- \* Shopping Safety
- \* Environmental Safety
- \* Holiday Home Safety

Light meal will be served

November 18, 2015 | 5:30 p.m.

*Redmond Regional Lower Level Classrooms*

Call **706-368-8480**  
to attend or  
register online at  
**RedmondRegional.com**  
under Events & Classes!

 **Redmond**  
Regional Medical Center  
**Wellness Works**