



It's Quitting Time!

FREE Smoking Cessation Series

April 9 & 14 • 5:30 pm - 8:30 pm

Redmond Classroom A

All participants get a certificate of completion!

Are you ready to quit smoking for good? Sign up for our free smoking cessation seminar to kick the habit for good! Our certified instructor will give you the tools you need to take this important step for preserving and improving your health.

Participants will attend two classes that follow the American Cancer Society Fresh Start Smoking Cessation Program.

For more information or to register for this free event at Redmond
call us at 706-368-8480. Or visit us online at
RedmondRegional.com



Find us on facebook at:
[Facebook.com/RedmondRegional](https://www.facebook.com/RedmondRegional)