

How to file a group critical illness wellness claim

Follow these easy instructions to file a wellness claim and receive a \$50 incentive.*



Covered wellness tests include:

Blood test for triglycerides
Bone marrow aspiration or biopsy
CA 15-3 (blood test for breast cancer)
CA-125 (blood test for ovarian cancer)
CEA (blood test for colon cancer)
Carotid Doppler
Chest X-ray
Colonoscopy
Echocardiogram
Electrocardiogram
Fasting blood glucose test
Fasting plasma glucose (FPG)
Flexible sigmoidoscopy
Hemoglobin A1C(HbA1c)
Hemocult stool analysis
Mammography**
Pap smear
PSA (blood test for prostate cancer)
Serum cholesterol test to determine HDL and LDL levels
Serum protein electrophoresis (blood test for myeloma)
Skin cancer biopsy
Stress test on a bicycle or treadmill
Thermography
Thin prep pap test
Two hour post-load plasma glucose
Virtual colonoscopy

Your critical illness plan includes benefits that cover annual wellness tests. You can receive valuable incentives for keeping an eye on your health. These step-by-step instructions make it easy to file a claim and receive your benefit.

Filing a wellness claim under your critical illness coverage:

1. Call 1-800-635-5597.
2. Request to submit a wellness claim.
3. Simply be prepared to provide this information:
 - First and last name of the policyholder
 - Policyholder's Social Security Number and/or policy number
 - First and last name of the claimant (may or may not be the policyholder)
 - Name and date of the test
 - Physician's name and/or the facility name where the test was performed
4. If you do not want to file a claim over the telephone, you can request a paper claim form by calling 1-800-635-5597.

It's that easy. Customer service representatives on the telephone will explain your benefits and answer any questions.

*The wellness benefit can reimburse each covered person \$50 per calendar year for one covered wellness test.

**In CA, mammograms are not paid under the wellness benefit.

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MK-2945 (9-11)